CS JIU JITSU · MOBILE ACADEMY HOMESCHOOL PROGRAM

JIU JITSU, YOUR WAY.

Anytime. Anywhere.

We bring the dojo experience to you, your way.
Our instructor brings more than 38 years of jiu jitsu training.

WHY FAMILIES CHOOSE IT FOR KIDS

01 Learn
Jiu jitsu offers problems to solve in real time and ever changing variables.

02 Solve
Finding solutions under pressure fosters collaboration and creates resilience.

03 Share
Students are excited and encouraged to share their findings.

KIDS PROGRAM · AGES 5 TO 17

Physical fitness: Jiu Jitsu increases physical fitness by improving strength, balance, coordination and flexibility.

Mental fitness: Consistent practice develops pathways of learning and approaching problems with calm, clarity and confidence.

Taught by Carlos Sapão, 6th degree Black Belt
He began training at age six in Rio de Janeiro, competed as a child, turned professional at 16, and has taught for decades.

HOMESCHOOL PROGRAM

Homeschool families welcome. Sessions are scheduled around your family's day. Mats and equipment are cleaned between every session, and a first aid kit travels with us.

HOMESCHOOL PRICING **$100** per child. Sessions are 60 minutes.

BOOK YOUR FIRST SESSION

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